

**MATRIX: CURRICULAR EXPERIENCES**  
**FOR MARRIAGE, COUPLE, AND FAMILY COUNSELING PROGRAM**

All marriage, couple, and family counseling program students are required to take courses within this matrix and therefore experience curricular requirements. Key courses in which standards are met and evaluated are in bold.

CURRICULAR STANDARDS	CURRICULAR EXPERIENCES	EVALUATION METHODS
<b>FOUNDATIONS MARRIAGE, COUPLE, AND FAMILY COUNSELING</b>		
<b>A: KNOWLEDGE</b>		
A-1: Knows the history, philosophy, and trends in marriage, couple, and family counseling.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b>	Assessment rubrics utilized for the final examination and student presentations.
A-2: Understands the ethical and legal considerations specifically related to the practice of marriage, couple, and family counseling.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b> CNEP 5304 Introduction to Counseling	Assessment rubrics utilized for the final examination and student presentations
A-3: Knows the roles and functions of marriage, couple, and family counselors in a variety of practice settings and in relation to other helping professionals.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b> CNEP 5304 Introduction to Counseling	Assessment rubric for targeted essay question in final examination
A-4: Knows the professional organizations, preparation standards, and credentials relevant to the practice of marriage, couple, and family counseling.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b> CNEP 5304 Introduction to Counseling	Assessment rubric for targeted essay question in final examination
A-5: Understands a variety of models and theories of marriage, couple, and family counseling.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b>	Assessment rubrics to evaluate student presentations on models and theories, examinations
A-6: Understands family development and the life cycle, sociology of the family, family phenomenology, contemporary families, family wellness, families and culture, aging and family issues, family violence, and related family concerns.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples CNEP 5354 Developmental Issues in Human Personality and Behavior	Comprehensive exam, parenting strategies research project (Family Interview), parent education program presentation, class discussion participation grade
A-7: Understands the impact of crises, disasters, and other trauma-causing events on marriages, couples, families, and households.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5322 Strategies in Family Counseling	Comprehensive exam, Family Interview Report.
<b>B. SKILLS AND PRACTICES</b>		
B-1: Demonstrates the ability to apply and adhere to ethical and legal standards in marriage, couple, and family counseling.	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents CNEP 5397 Practicum CNEP 5698 Internship	Ethical decision-making on-line discussion thread assessed by rubric

B-2: Demonstrates the ability to select models or techniques appropriate to couples' or families' presenting problems.	<b>CNEP 5322 Strategies in Family Counseling</b> CNEP 5397 Practicum CNEP 5698 Internship	Class demonstrations, as assessed by rubric
<b>COUNSELING, PREVENTION, AND INTERVENTION</b>		
<b>C. KNOWLEDGE</b>		
C-1: Understands issues of marriage, couple, and family life-cycle dynamics; healthy family functioning; family structures; and family of origin and intergenerational influences in a multicultural society.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b> CNEP 5324 Counseling Couples CNEP 5326 Family Counseling with Children and Adolescents	Examinations, assessment rubrics for student presentations
C-2: Recognizes specific problems (e.g., addictive behaviors, domestic violence, suicide risk, immigration) and interventions that can enhance family functioning.	<b>CNEP 5322 Strategies in Family Counseling</b> CNEP 5324 Counseling Couples CNEP 5326 Family Counseling with Children and Adolescents CNEP 5381 Psychodiagnosis and Treatment Strategies	Case studies and class demonstrations assessed by rubrics; final examination ratings
C-3: Understands human sexuality (e.g., gender, sexual functioning, and sexual orientation) and its impact on family and couple functioning.	<b>CNEP 5324 Counseling Couples</b> CNEP 5381 Psychodiagnosis and Treatment Strategies	Examinations
C-4: Understands professional issues relevant to the practice of marriage, couple, and family counseling, including recognition, reimbursement, and right to practice.	<b>CNEP 5322 Strategies in Family Counseling</b> CNEP 5397 Practicum CNEP 5698 Internship	Final examination assessed by rubric
<b>D. SKILLS AND PRACTICES</b>		
D-1: Uses preventive, developmental, and wellness approaches in working with individuals, couples, families, and other systems such as premarital counseling, parenting skills training, and relationship enhancement.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples	Parenting strategies research project (Family Interview), parent education program presentation, class discussion participation grade
D-2: Uses systems theory to conceptualize issues in marriage, couple, and family counseling.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples	Comprehensive exam, parenting strategies research project (Family Interview), class discussion participation grade
D-3: Uses systems theories to implement treatment, planning, and intervention strategies.	<b>CNEP 5322 Strategies in Family Counseling</b> CNEP 5397 Practicum CNEP 5698 Internship	Class demonstrations and treatment plans w/interventions rated by rubrics; final examination ratings
D-4: Demonstrates the ability to use procedures for assessing and managing suicide risk.	<b>CNEP 5322 Strategies in Family Counseling</b> <b>CNEP 5397 Practicum</b>	Case study and treatment plans w/interventions rated by rubrics; role play and self-evaluation of assessment and intervention skills as assessed by Practicum instructor

D-5: Adheres to confidentiality responsibilities, the legal responsibilities and liabilities of clinical practice and research, family law, record keeping, reimbursement, and the business aspects of practice.	<b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b>	Mid-semester and final evaluations from site supervisors; final evaluations from instructors
D-6: Demonstrates the ability to recognize his or her own limitations as a marriage, couple, and family counselor and to seek supervision or refer clients when appropriate.	<b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b>	Self-Evaluation and Evaluative Reflective paper, assessed by instructor using rubric
<b>DIVERSITY AND ADVOCACY</b>		
<b>E. KNOWLEDGE</b>		
E-1: Understands how living in a multicultural society affects couples and families.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples CNEP 5314 Theories and Practice of Multicultural Counseling	Comprehensive exam, parenting strategies research project (Family Interview), class discussion participation grade
E-2: Recognizes societal trends and treatment issues related to working with multicultural and diverse family systems (e.g., families in transition, dual-career couples, blended families, same-sex couples).	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents	Case conceptualization and treatment plan, poster presentation, assessed by rubrics
E-3: Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective in working with diverse family systems.	<b>CNEP 5320 Introduction to Marriage, Couple, and Family Counseling</b> CNEP 5314 Theories and Practice of Multicultural Counseling	Assessment rubric for targeted essay question in final examination
E-4: Understands the effects of racism, discrimination, sexism, power, privilege, and oppression on one's own life and that of the client(s).	<b>CNEP 5314 Theories and Practice of Multicultural Counseling</b> CNEP 5324 Counseling Couples CNEP 5326 Family Counseling with Children and Adolescents	Film Critique and Analysis assessed by rubric
E-5: Understands the effect of local, state, and national policies, programs, and services on diverse family systems.	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents CNEP 5314 Theories and Practice of Multicultural Counseling	Case conceptualization and treatment plan assessed by rubric
<b>F. SKILLS AND PRACTICES</b>		
F. 1: Demonstrates the ability to provide effective services to clients in a multicultural society.	<b>CNEP 5698 Internship</b> CNEP 5397 Practicum	Mid-semester and final evaluations from site supervisors; final evaluations by instructors
F. 2: Maintains information regarding community resources to make appropriate referrals.	<b>CNEP 5698 Internship</b> CNEP 5397 Practicum	Case presentation evaluation
F. 3: Advocates for policies, programs, and services that are equitable and responsive to the unique needs of couples and families.	<b>CNEP 5314 Theories and Practice of Multicultural Counseling</b> CNEP 5397 Practicum CNEP 5698 Internship	Rated rubric for Application of the Multicultural Counseling Competencies(MCC)
F. 4: Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse couples and families.	<b>CNEP 5698 Internship</b> CNEP 5397 Practicum	Mid-semester and final evaluations from site supervisors; final evaluations by instructors

<b>ASSESSMENT</b>		
<b>G. KNOWLEDGE</b>		
G-1: Knows principles and models of assessment and case conceptualization from a systems perspective, including diagnostic interviews, mental diagnostic status examinations, symptom inventories, and psychoeducational and personality assessments.	<b>CNEP 5371 Psychometrics</b> CNEP 5322 Strategies in Family Counseling CNEP 5381 Psychodiagnosis and Treatment Strategies	Assessment project as rated by rubric
G-2: Understands marriage, couple, and family assessment tools and techniques appropriate to clients' needs in a multicultural society.	<b>CNEP 5322 Strategies in Family Counseling</b> CNEP 5320 Introduction to Marriage, Couple, and Family Counseling CNEP 5326 Family Counseling with Children and Adolescents	Class demonstration assessed by rubric; final examination
G-3: Understands the impact of addiction, trauma, psychopharmacology, physical and mental health, wellness, and illness on marriage, couple, and family functioning.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples CNEP 5381 Psychodiagnosis and Treatment Strategies	Comprehensive exam, parenting strategies research project (Family Interview), Parenting Education Presentation
<b>H. SKILLS AND PRACTICE</b>		
H-1: Applies skills in interviewing, assessment, and case management for working with individuals, couples, and families from a system's perspective.	<b>CNEP 5322 Strategies in Family Counseling</b> <b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b> CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5384 The Counseling Process	Class demonstrations and treatment plans, final examination, assessed by rubrics. Case presentation evaluations and final evaluations by faculty.
H-2: Uses systems assessment models and procedures to evaluate family functioning.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5320 Introduction to Marriage, Couple, and Family Counseling CNEP 5324 Counseling Couples CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam, case conceptualization assignment
H-3: Determines which members of a family system should be involved in treatment.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam, case conceptualization assignment
<b>RESEARCH AND EVALUATION</b>		
<b>I. KNOWLEDGE</b>		
I-1: Understands how to critically evaluate research relevant to the practice of marriage, couple, and family counseling.	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents	Critique of research article assessed by rubric
I-2: Knows models of program evaluation relevant for the practice of marriage, couple, and family counseling.	<b>CNEP 5371 Psychometrics</b>	Program evaluation project assessed by rubric

I-3: Knows evidence-based treatments and basic strategies for evaluating counseling outcomes in marriage, couple, and family counseling.	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents	Critique of research article assessed by rubrics (2)
<b>J. SKILLS AND PRACTICES</b>		
J-1: Applies relevant research findings to inform the practice of marriage, couple, and family counseling.	<b>CNEP 5324 Counseling Couples</b> CNEP 5326 Family Counseling with Children and Adolescents CNEP 5397 Practicum CNEP 5698 Internship	Critique of research article assessed by rubric
J-2: Develops measurable outcomes for marriage, couple, and family counseling programs, interventions, and treatments.	<b>CNEP 5324 Counseling Couples</b> CNEP 5397 Practicum CNEP 5698 Internship	Analysis of Dyadic Adjustment Scale and case conceptualization w/treatment plan assessed by rubrics
J-3: Analyzes and uses data to increase the effectiveness of marriage, couple, and family counseling interventions and programs.	<b>CNEP 5326 Family Counseling with Children and Adolescents</b> CNEP 5324 Counseling Couples CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam, parenting education presentation project, class discussion participation grade
<p><b>For the Marital, Couple, and Family Counseling/Therapy Program, the 600 clock-hour internship (Standard III.G.) occurs in a counseling setting, under the clinical supervision of a site supervisor as defined by Section III, Standard C.1-2. The requirement includes a minimum of 240 direct service clock hours, defined as work with couples, families, and individuals from a systems perspective, with one half of the direct service clock hours occurring with couples and family units.</b></p> <p><b>The program must clearly define and measure the outcomes expected of interns, using appropriate professional resources that address standards A, B, and C (Marital, Couple, and Family Counseling/Therapy Programs).</b></p>	<b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b>	Field experience, logs, and site supervisor and instructor evaluation