

## STANDARDS FOR CLINICAL MENTAL HEALTH PROGRAMS

Courses are designated that meet each of the standards.

The course objectives found within each of the syllabi indicate standards being met.

CORE AREAS	CURRICULAR ACTIVITIES	EVALUATION METHODS
<b>FOUNDATIONS OF CLINICAL MENTAL HEALTH</b>		
<b>Knowledge</b>		
A-1: Comprehends history, philosophy, and current trends in clinical mental health counseling	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5304 Introduction to Counseling	Comprehensive exams and class participation as evaluated by rubric
A-2: Comprehends ethical and legal considerations specifically related to the practice of clinical mental health counseling;	<b>CNEP 5304 Introduction to Counseling</b> CNEP 5319 Introduction to Clinical Mental Counseling CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5384 The Counseling Process	Assignment: Development of informed consent document, Rubric D on syllabus
A-3: Knows roles, functions, of clinical mental health counseling in various practice settings and importance of relationships between counselors and other professionals, including interdisciplinary treatment teams	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5304 Introduction to Counseling	Comprehensive exam, research paper on community needs/agency responses evaluated by rubrics
A-4: Knows professional organizations, preparation standards, and credentials that are relevant to the practice of clinical mental health counseling.	<b>CNEP 5304 Introduction to Counseling</b> CNEP 5384 The Counseling Process CNEP 5319 Introduction to Clinical Mental Health Counseling	Midterm examination includes section on credentialing, practices, and standards evaluated by rubrics
A-5: Comprehends a variety of models and theories related to clinical mental health counseling, including methods, models, and principles of clinical supervision.	<b>CNEP 5308 Counseling Theories</b> CNEP 5319 Introduction to Clinical Mental Health Counseling	Case studies assessed by Rubric C on course syllabus
A-6: Recognizes the potential for substance use disorders to mimic and coexist with a variety of medical and psychological disorders	<b>CNEP 5312 Addictions Counseling</b>	Comprehensive exam & class discussion participation evaluated with rubrics
A-7: Identifies professional issues that affect clinical mental health counselors (e.g., core provider status, expert witness status, access to and practice privileges within managed care systems).	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies	Comprehensive exam, research papers on community resources/needs, & group projects evaluated with rubrics
A-8: Comprehends management of mental health services and programs, including areas such as administration, finance, and accountability.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Comprehensive exam, group research projects on community needs/agency responses with rubrics
A-9: Comprehends the impact of crises, disasters, and other trauma-causing events on people	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5304 Introduction to Counseling	Comprehensive exam and class discussion & participation evaluated with rubrics.

A-10: Comprehends the operation of an emergency management system within clinical mental health agencies and in the community.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Comprehensive exam and class discussion & participation evaluated with rubrics
<b>B. Skills and Practices</b>		
B-1: Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5384 The Counseling Process CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam and class participation evaluated with rubrics
B-2: Applies knowledge of public mental health policy, financing, and regulatory processes to improve service delivery opportunities in clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Group research project evaluated with rubrics and class discussion & participation grade evaluated by rubrics
<b>Counseling, Prevention, and Interventions</b>		
<b>C. Knowledge</b>		
C-1: Describes the principles of mental health, including prevention, intervention, consultation, education, and advocacy, as well as the operation of programs and networks that promote mental health in a multicultural society.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5384 The Counseling Process CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5314 Theory and Practice of Multicultural Counseling CNEP 5698 Internship	Comprehensive exam, class discussion & participation grade, and community resource project evaluated with rubrics
C-2: Knows the etiology, the diagnostic process and nomenclature, treatment, referral, and prevention of mental and emotional disorders.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5384 The Counseling Process CNEP 5319 Introduction to Clinical Mental Health Counseling	Multiple case study examinations graded by rubrics, paper graded by rubrics
C-3: Knows the models, methods, and principles of program development and service delivery (e.g., support groups, peer facilitation training, parent education, self-help).	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Comprehensive exam and class discussion & participation evaluated with rubrics
C-4: Knows the disease concept and etiology of addiction and co-occurring disorders.	<b>CNEP 5312 Addictions Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies	Comprehensive exam and class discussions evaluated with rubrics
C-5: Understands the range of mental health service delivery-such as inpatient, outpatient, partial treatment and aftercare-and the clinical mental health counseling services network.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies	Comprehensive exam, class participation grade, and case studies (rubrics used to evaluate)
C-6: Understands the principles of crisis intervention for people during crises, disasters, and other trauma-causing events.	<b>CNEP 5375 Clinical Mental Health Counseling Strategies</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5381 Psychodiagnosis and Treatment Strategies	Comprehensive exam and class participation grades evaluated by rubrics
C-7: Knows the principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b>	Multiple case study examinations graded by rubrics, paper graded by rubric

C-8: Recognizes the importance of family, social networks, and community systems in the treatment of mental and emotional disorders.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5320 Introduction to Marriage, Couple, and Family Counseling CNEP 5375 Clinical Mental Health Counseling Strategies	Comprehensive exam, case study project (rubric ratings), class participation grade evaluated by rubrics
C-9: Understand professional issues relevant to the practice of clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5304 Introduction to Counseling CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam, class discussions, class participation (see rubric in course syllabus)
<b>D. Skills and Practices</b>		
D-1: Applies the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.	<b>CNEP 5698 Internship</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5384 The Counseling Process CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum	Mid-semester and final evaluations from site supervisors; final evaluations by instructors
D-2: Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.	<b>CNEP 5314 Theory and Practice of Multicultural Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum CNEP 5698 Internship	Rated rubric for Application of the Multicultural Counseling Competencies (MCC)
D-3: Applies optimum human development, wellness, and mental health through prevention, education, and advocacy activities.	<b>CNEP 5698 Internship</b> CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5354 Developmental Issues in Human Personality and Behavior	Mid-semester and final evaluations from site supervisors; final evaluations by instructors
D-4: Applies effective strategies to promote client understanding of and access to a variety of community resources.	<b>CNEP 5698 Internship</b> CNEP 5375 Clinical Mental Health Counseling Strategies	Mid-semester and final evaluations from site supervisors; final evaluations by instructors
D-5: Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.	<b>CNEP 5314 Theory and Practice of Multicultural Counseling</b> CNEP 5320 Introduction to Marriage, Couple, and Family Counseling CNEP 5361 Group Counseling CNEP 5397 Practicum CNEP 5698 Internship CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5384 The Counseling Process	Rated rubric for Application of the Multicultural Counseling Competencies (MCC)

D-6: Demonstrates the ability to use procedures for assessing and managing suicide risk.	<b>CNEP 5375 Clinical Mental Health Counseling Strategies</b> <b>CNEP 5397 Practicum</b> CNEP 5384 The Counseling Process CNEP 5698 Internship	Case study and treatment plans w/ interventions rated by rubrics; role play and self-evaluation of assessment and intervention skills as assessed by Practicum instructor.
D-7: Applies current record-keeping standards related to clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5384 The Counseling Process CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam, writing progress notes, case studies, class participation grade evaluated by rubric
D-8: Demonstrates appropriate counseling strategies when working with clients with addiction and co-occurring disorders.	<b>CNEP 5312 Addictions Counseling</b> CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5698 Internship CNEP 5375 Clinical Mental Health Counseling Strategies	Graded field experiences, exams, role-plays, case studies evaluated with rubrics
D-9: Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer client when appropriate.	<b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b> CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5384 The Counseling Process	Self-evaluation and Evaluative Reflective paper, assessed by instructor using rubric
<b>Diversity and Advocacy</b>		
<b>E. Knowledge</b>		
E-1: Understands how living in a multicultural society affects clients who are seeking clinical mental health counseling services.	<b>CNEP 5314 Theory and Practice of Multicultural Counseling</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5381 Psychodiagnosis and Treatment Strategies	Rated rubric on the Film Critique and Analysis
E-2: Understands the effects of racism, discrimination, sexism, power, privilege, and oppression on one's own life and career and those of the client.	<b>CNEP 5314 Theory and Practice of Multicultural Counseling</b> CNEP 5306 Career Counseling CNEP 5319 Introduction to Clinical Mental Health Counseling	Rated rubric on the Film Critique and Analysis
E-3: Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders.	<b>CNEP 5314 Theory and Practice of Multicultural Counseling</b> CNEP 5361 Group Counseling CNEP 5320 Introduction to Marriage, Couple, and Family Therapy CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5381 Psychodiagnosis and Treatment Strategies	Rated rubric for Application of the Multicultural Counseling Competencies
E-4: Understands effective strategies to support client advocacy and influence public policy and government relations on local, state, and national levels to enhance equity, increase funding, and promote programs that affect the practice of clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5306 Career Counseling CNEP 5314 Theory and Practice of Multicultural Counseling	Class discussion participation as evaluated by rubrics

E-5: Understands the implications of concepts such as internalized oppression and institutional racism, as well as the historical and current political climate regarding immigration, poverty, and welfare.	<b>CNEP 5314 Theory and practice of Multicultural Counseling</b> CNEP 5319 Introduction to Clinical Mental Health Counseling	Rated rubric for the Film Critique and Analysis
E-6: Knows public policies on the local, state, and national levels that affect the quality and accessibility of mental health services.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Class participation & discussion as evaluated by rubrics
<b>F. Skills and Practices</b>		
F-1: Organizes information regarding community resources to make appropriate referrals.	<b>CNEP 5698 Internship</b> CNEP 5397 Practicum CNEP 5319 Introduction to Clinical Mental Health Counseling	Case presentation evaluation
F-2: Applies policies, programs, and services that are equitable and responsive to the unique needs of clients.	<b>CNEP 5397 Practicum</b> <b>CNEP 5698 Internship</b> CNEP 5319 Introduction to Clinical Mental Health Counseling	Mid-semester and final evaluations of site supervisor and instructor
F-3: Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations.	<b>CNEP 5375 Clinical Mental Health Counseling Strategies</b> CNEP 5308 Counseling Theories CNEP 5381 Psychodiagnosis and Treatment Strategies CNEP 5314 Theory and Practice of Multicultural Counseling CNEP 5397 Practicum CNEP 5698 Internship	Role plays and counseling demonstrations as evaluated by rubrics
<b>ASSESSMENT</b>		
<b>G. Knowledge</b>		
G-1: Knows the principles and models of assessment, case conceptualization, theories of human development, and concepts of normalcy and psychopathology leading to diagnoses and appropriate counseling treatment plans.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5354 Developmental Issues in Human Personality and Behavior CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5371 Psychometrics CNEP 5384 The Counseling Process	Multiple case study examination evaluations as assessed by rubric.
G-2: Understands various models and approaches to clinical evaluation and their appropriate uses, including diagnostic interviews, mental status examinations, symptom inventories, and psychoeducational and personality assessments.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5354 Developmental Issues in Human Personality and Behavior CNEP 5319 Introduction to Clinical Mental Health Counseling	Multiple case study examination evaluations as assessed by rubric
G-3: Understands basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations and so that the side effects of such medications can be identified.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b>	Multiple case study examination evaluations as assessed by rubric
G-4: Identifies standard screening and assessment instruments for substance use disorders and process addictions.	<b>CNEP 5312 Addictions Counseling</b>	Comprehensive exam, class presentation, class discussion & participation as evaluated by rubrics
<b>H. Skills and Practices</b>		

H-1: Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5397 Practicum CNEP 5698 Internship	Multiple case study examination evaluations as assessed by rubric, case presentations
H-2: Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5371 Psychometrics CNEP 5397 Practicum CNEP 5698 Internship	Exams, response papers, and case studies evaluated with rubrics
H-3: Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.	<b>CNEP 5698 Internship</b> CNEP 5312 Addictions Counseling CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum CNEP 5384 The Counseling Process	Mid-semester and final evaluations from site supervisors
H-4: Applies the assessment of a client's stage of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria within the continuum of care.	<b>CNEP 5312 Addictions Counseling</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5397 Practicum CNEP 5398 Internship	Comprehensive exam, class presentation, class participation and discussion as evaluated by rubrics
<b>RESEARCH AND EVALUATION</b>		
<b>I. Knowledge</b>		
I-1: Understands how to critically evaluate research relevant to the practice of clinical mental health counseling.	<b>EDFN 5301 Introduction to Research</b> CNEP 5371 Psychometrics CNEP 5319 Introduction to Clinical Mental Health Counseling	Assignments, activities, comprehensive exams, papers, rubrics, class participations as evaluated by rubrics
I-2: Knows models of program evaluation for clinical mental health programs.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5371 Psychometrics	Comprehensive exam and class participation and discussion as evaluated by rubrics
I-3: Knows evidence-based treatments and basic strategies for evaluating counseling outcomes in clinical mental health counseling.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b> CNEP 5371 Psychometrics CNEP 5375 Clinical Mental Health Counseling Strategies	Instrument reviews and response papers as evaluated by rubrics
<b>J. Skills and Practices</b>		
J-1: Applies relevant research findings to inform the practice of clinical mental health counseling.	<b>CNEP 5384 The Counseling Process</b> CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum CNEP 5698 Internship	Comprehensive exam evaluated by rubrics
J-2: Identifies measurable outcomes for clinical mental health counseling programs, interventions, and treatments.	<b>CNEP 5371 Psychometrics</b>	Instrument reviews and response papers as evaluated by rubrics
J-3: Analyzes and uses data to increase the effectiveness of clinical mental health counseling interventions and programs.	<b>CNEP 5319 Introduction to Clinical Mental Health Counseling</b>	Research project and examination as evaluated by rubrics
<b>DIAGNOSIS</b>		
<b>K. Knowledge</b>		

K-1: Knows the principles of the diagnostic process, including differential diagnosis, and the use of current diagnostic tools, such as the current edition of the <i>Diagnostic and Statistical Manual of Mental Disorders (DSM)</i> .	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b>	Multiple case study examination evaluations as assessed by rubric
K-2: Understands the established diagnostic criteria for mental and emotional disorders, and describes treatment modalities and placement criteria within the continuum of care.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b>	Multiple case study examination evaluations as assessed by rubric
K-3: Knows the impact of co-occurring substance use disorders on medical and psychological disorders.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5312 Addictions Counseling	Multiple case study examination evaluations as assessed by rubric
K-4: Understands the relevance and potential biases of commonly used diagnostic tools with multicultural populations.	<b>CNEP 5371 Psychometrics</b> CNEP 5314 Theory and Practice of Multicultural Counseling	Assignments rated, activities, exams, role-plays evaluated by rubrics
K-5: Understands appropriate use of diagnosis during a crisis, disaster, or other trauma-causing event.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5319 Introduction to Clinical Mental Health Counseling	Multiple case study examination evaluations as assessed by rubric
<b>L. Skills and Practices</b>		
L-1: Demonstrates appropriate use of diagnostic tools, including the current edition of the <i>DSM</i> , to describe the symptoms and clinical presentation of clients with mental and emotional impairments.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5397 Practicum CNEP 5698 Internship	Multiple case study examination evaluations as assessed by rubric, case presentations
L-2: Devises an accurate multi-axial diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5397 Practicum CNEP 5698 Internship	Multiple case study examination evaluations as assessed by rubric, case presentations
L-3: Differentiates between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.	<b>CNEP 5381 Psychodiagnosis and Treatment Strategies</b> CNEP 5319 Introduction to Clinical Mental Health Counseling CNEP 5375 Clinical Mental Health Counseling Strategies CNEP 5397 Practicum CNEP 5698 Internship	Case study examination evaluations as assessed by rubric