

STANDARDS FOR ADDICTIONS PROGRAMS

Courses are designated that meet each of the standards.

The course objectives found within each of the syllabi indicate standards being met.

| CORE AREAS | CURRICULAR ACTIVITIES | EVALUATION METHODS |
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| FOUNDATIONS OF ADDICTIONS COUNSELING | | |
| KNOWLEDGE | | |
| A-1: Understands the history, philosophy, and trends in addiction counseling. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation ratings |
| A-2: Understands ethical and legal considerations specifically related to the practice of addiction counseling. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam and class discussion/participation ratings |
| A-3: Knows the roles, functions, and settings of addiction counselors, as well as the relationship between addiction counselors and other mental health professionals. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation |
| A-4: Knows the professional organizations, competencies, preparation standards, and state credentials relevant to the practice of addiction counseling. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5312 Addictions Counseling | 80% pass rate on class exam and class discussion/participation ratings |
| A-5: Understands a variety of models and theories of addiction related to substance use and other addictions. | CNEP 5312 Addictions Counseling CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse. | 80% pass rate on class exam and class discussion/participation, term projects (see course rubrics) |
| A-6: Knows the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders on the user and significant others. | CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse. CNEP 5312 Addictions Counseling CNEP 5323 Counseling for Holistic Wellness. | Term project (see course rubrics), 80% pass rate on class exam |
| A-7: Recognizes the potential for addictive disorders to mimic a variety of medical and psychological disorders and the potential for medical and psychological disorders to coexist with addiction and substance abuse. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse. | Term projects and research assignment (see description and rubric), exams |
| A-8: Understands factors that increase the likelihood for a person, community, or group to be at risk for or resilient to psychoactive substance use disorders. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Term project ratings |
| A-9: Understands the impact of crises, disasters, and other trauma-causing events on persons with addictions. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation ratings |
| A-10: Understands the operation of an emergency management system within addiction agencies and in the community. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation ratings |
| B. Skills and Practices | | |
| B-1: Demonstrates the ability to apply and adhere to ethical and legal standards in addiction counseling. | CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling | Mid-semester and final evaluations of site supervisors and instructor |
| B-2: Applies knowledge of substance abuse policy, financing, and regulatory processes to improve service delivery opportunities in addictions counseling. | CNEP 5312 Addictions Counseling CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5397 Practicum CNEP 5698 Internship | research/presentation on substance use/process addictions, and class discussion participation grade |
| COUNSELING, PREVENTION, AND INTERVENTIONS | | |
| C. Knowledge | | |

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| C-1: Knows the principles of addiction education, prevention, intervention, and consultation. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse | Term projects and research assignment ratings(see description and rubric), exams |
| C-2: Knows the models of treatment, prevention, recovery, relapse prevention, and continuing care for addictive disorders and related problems. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse | Term projects and research assignment ratings (see description and rubric), exams |
| C-3: Recognizes the importance of family, social networks, and community systems in the treatment and recovery process. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation ratings |
| C-4: Understands the role of spirituality in the addiction recovery process. | CNEP 5323 Counseling for Holistic Wellness CNEP 5312 Addictions Counseling CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process | Exam performance, written assignments (see course rubrics) |
| C-5: Knows a variety of helping strategies for reducing the negative effects of substance use, abuse, dependence, and addictive disorders. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, research presentation (see rubric in course syllabus), class discussion/participation ratings |
| C-6: Understands the principles and philosophies of addiction-related self-help programs. | CNEP 5312 Addictions Counseling | Self-help program evaluation project, exams |
| C-7: Understands professional issues relevant to the practice of addiction counseling, including recognition, reimbursement, and right to practice. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, class discussion/participation |
| C-8: Understands the principles of intervention for persons with addictions during times of crises, disasters, and other trauma-causing events. | CNEP 5312 Addictions Counseling | 80% pass rate on class exam, class discussion/participation ratings |
| D. Skills and Practices | | |
| D-1: Uses principles and practices of diagnosis, treatment, and referral of addiction and other mental and emotional disorders to initiate, maintain, and terminate counseling. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluation, tape ratings, evaluations from site supervisor and instructor |
| D-2: Individualizes helping strategies and treatment modalities to each client's stage of dependence, change, or recovery. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluation, tape ratings, evaluations from site supervisor and instructor |
| D-3: Provides appropriate counseling strategies when working with clients with addiction and co-occurring disorders. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluation, tape ratings, evaluations from site supervisor and instructor |
| D-4: Demonstrates the ability to use procedures for assessing and managing suicide risk. | CNEP 5397 Practicum CNEP 5698 Internship | Videotape role play evaluation |
| D-5: Demonstrates the ability to provide counseling and education about addictive disorders to families and others who are affected by clients with addictions. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluation, tape ratings, evaluations from site supervisor and instructor |
| D-6: Demonstrates the ability to provide referral to self-help and other support groups when appropriate. | CNEP 5397 Practicum CNEP 5698 Internship | Case presentation evaluations, tape ratings, evaluations from site supervisor and instructor |
| D-7: Demonstrates the ability to provide culturally relevant education programs that raise awareness and support addiction and substance abuse prevention and the recovery process. | CNEP 5312 Addictions Counseling CNEP 5397 Practicum CNEP 5698 Internship | research presentation, class examination, class participation ratings |

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| D-8: Applies current record-keeping standards related to addiction counseling. | CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling | Mid-semester and final evaluations from site supervisor |
| D-9: Demonstrates the ability to recognize his or her own limitations as an addiction counselor and to seek supervision or refer clients when appropriate. | CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling | Evaluations from site supervisor and instructor, evaluations of self-reflective process |
| DIVERSITY AND ADVOCACY | | |
| E. Knowledge | | |
| E-1: Understands how living in a multicultural society affects clients with addictions. | CNEP 5312 Addictions Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse | research presentation, class examination, class participation, term project ratings |
| E-2: Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective when working with specific populations of clients with addictions. | CNEP 5312 Addictions Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse | research presentation, class examination, class participation, term project ratings |
| E-3: Knows public policies on local, state, and national levels that affect the quality and accessibility of addiction services. | CNEP 5312 Addictions Counseling | Course exams and class participation ratings |
| E-4: Understands effective strategies that support client advocacy and influence public policy and government relations on local, state, and national levels to enhance equity, increase funding, and promote programs that affect the practice of addiction counseling. | CNEP 5312 Addictions Counseling | Course exams and class participation ratings |
| F. Skills and Practices | | |
| F-1: Maintains information regarding community resources to make appropriate referrals for clients with addictions. | CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling | Mid-semester and final evaluations from site supervisor Exam, research presentation, class discussion ratings |
| F-2: Advocates for policies, programs, and/or services that are equitable and responsive to the unique needs of clients with addictions. | CNEP 5698 Internship CNEP 5397 Practicum CNEP 5312 Addictions Counseling | Case presentation evaluation, evaluations from site supervisor and instructor Exam, research presentation, class discussion ratings |
| F-3: Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations of addiction clients. | CNEP 5698 Internship CNEP 5397 Practicum CNEP 5312 Addictions Counseling | Case presentation evaluations, tape ratings, evaluations from site supervisor and instructor Exam, research presentation, class discussion ratings |
| ASSESSMENT | | |
| G. Knowledge | | |
| G-1: Understands various models and approaches to clinical evaluation for addictive disorders and their appropriate uses, including screening and assessment for addiction, diagnostic interviews, mental status examination, symptom inventories, and psychoeducational and personality assessments. | CNEP 5371 Psychometrics CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Assessment case study project, term projects ratings |
| G-2: Knows specific assessment approaches for determining the appropriate level of care for addictive disorders and related problems. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Term project, research review, exam |
| G-3: Understands the assessment of biopsychosocial and spiritual history. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Term project, research review, exam |

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| G-4: Understands basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations and so that the side effects of such medications can be identified. | CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse CNEP 5312 Addictions Counseling | Term project, research review, exam |
| H. Skills and Practices | | |
| H-1: Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols. | CNEP 5371 Psychometrics CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Program evaluation assignment, term project rating |
| H-2: Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and case management. | CNEP 5371 Psychometrics CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling CNEP 5313 Theories and Techniques in Substance Abuse Counseling | CNEP 5371 Assessment project and lectures/discussion, CNEP 5313 Lectures, readings, exams, assignments rated |
| H-3: Screens for psychoactive substance toxicity, intoxication, and withdrawal symptoms; aggression or danger to others; potential for self-inflicted harm or suicide; and co-occurring mental and/or addictive disorders. | CNEP 5698 Internship CNEP 5397 Practicum CNEP 5312 Addictions Counseling CNEP 5313 Theories and Techniques in Substance Abuse Counseling | Case presentation evaluations, mid-semester and final evaluation of site supervisor Term project ratings |
| H-4: Helps clients identify the effects of addiction on life problems and the effects of continued harmful use or abuse. | CNEP 5397 Practicum CNEP 5698 Internship CNEP 5312 Addictions Counseling | Mid-semester and final evaluation from site supervisor Term project ratings |
| H-5: Applies assessment of clients' addictive disorders to the stages of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria in the continuum of care. | CNEP 5698 Internship CNEP 5397 Practicum CNEP 5312 Addictions Counseling | Case presentation evaluations, mid-semester and final evaluation of site supervisor term project ratings |
| RESEARCH AND EVALUATION | | |
| I. Knowledge | | |
| I-1: Understands how to critically evaluate research relevant to the practice of addiction counseling. | EDFN 5301 Introduction to Research. | exams and assignment ratings |
| I-2: Knows models of program evaluation for addiction counseling treatment and prevention programs. | CNEP 5371 Psychometrics EDFN 5301 Introduction to Research. | Program evaluation exercise, lectures and exams on measurement |

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| I-3: Knows evidence-based treatments and basic strategies for evaluating counseling outcomes in addiction counseling. | CNEP 5371 Psychometrics | Program evaluation exercise, lectures and exams on measurement |
| J. Skills and Practices | | |
| J-1: Applies relevant research findings to inform the practice of addiction counseling. | CNEP 5698 Internship | Mid-semester and final evaluations of site supervisors; case presentation evaluations |
| J-2: Develops measurable outcomes for addiction counseling programs, interventions, and treatments. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluations |
| J-3: Analyzes and uses data to increase the effectiveness of addiction counseling programs. | CNEP 5371 Psychometrics | Assessment Case Study Project as evidenced by rubric, program evaluation project. |
| DIAGNOSIS | | |
| K. Knowledge | | |
| K-1: Knows the principles of the diagnostic process, including differential diagnosis, and the use of current diagnostic tools, such as the current edition of the <i>Diagnostic and Statistical Manual of Mental Disorders (DSM)</i> . | CNEP 5381 Psychodiagnosis and Treatment Strategies | Case study examination evaluations assessed by rubric |
| K-2: Knows the impact of co-occurring addictive disorders on medical and psychological disorders. | CNEP 5381 Psychodiagnosis and Treatment Strategies | Case study examination evaluations assessed by rubric |
| K-3: Understands the established diagnostic and clinical criteria for addictive disorders and describes treatment modalities and placement criteria within the continuum of care. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5321 Advanced Strategies in Process Addictions and Substance Abuse CNEP 5312 Addictions Counseling | Term projects rated and 80% successful completion of exam |
| K-4: Understands the relevance and potential cultural biases of commonly used diagnostic tools as related to clients with addictive disorders in multicultural populations. | CNEP 5313 Theories and Techniques in Substance Abuse Counseling CNEP 5312 Addictions Counseling | Term project rated and exam |
| L. Skills and Practices | | |
| L-1: Demonstrates appropriate use of diagnostic tools, including the current edition of the <i>DSM</i> , to describe the symptoms and clinical presentation of clients with addictive disorders and mental and emotional impairments. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluations |
| L-2: Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by clients and communicate the differential diagnosis with collaborating professionals. | CNEP 5698 Internship CNEP 5397 Practicum | Case presentation evaluations |
| For the Addiction Counseling Program, the 600 clock-hour internship (Standard III.G.) occurs in a counseling setting, under the clinical supervision of a site supervisor as defined by Section III, Standard C.1-2. The requirement includes a minimum of 240 direct service clock hours, defined as work with addictions counseling. | CNEP 5397 Practicum CNEP 5698 Internship | Field experience, logs, and evaluation ratings |