

MASTER'S IN KINESIOLOGY STUDENT HANDBOOK

ACADEMIC YEAR 2017 – 2018

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Updated: 14 February 2018

This handbook is intended to be read in conjunction with the Graduate Catalog: <http://catalog.tamucc.edu/index.php> and the College of Graduate Studies Handbook http://gradcollege.tamucc.edu/current_students/masters_students.html.

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**SECTION I. MESSAGE FROM THE DEAN/DEPARTMENT CHAIR/PROGRAM
COORDINATOR**



Dr. Don Melrose

Professor, Department Chair

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Greetings and Welcome!

I am Dr. Don Melrose, Chair of the Department of Kinesiology. I have the honor of overseeing the people that comprise this department and its programs. Congratulations for choosing our graduate program to further your education. We know that deciding to go to graduate school is a big decision. This is precisely why we are so pleased you have decided to trust us with your graduate experience. You have made an excellent choice. We have a tremendously talented faculty and first-rate facility. Our Sport Performance Program is recognized by the National Strength and Conditioning Association and has been independently ranked as a top-ten graduate program. This program offers you the ability to complete your work online, in person, or a little of both. In our program, you will be exposed to advanced knowledge and skills in your field, learn how to read, interpret and apply research, and perform actual research. As with any educational program, what you ultimately get from it is only as good as what you put into it. It is incumbent upon you to apply yourself, take advantage of the expertise of our faculty, utilize our facility, and be involved in educational opportunities that arise. We look forward to serving you and watching you succeed at Texas A&M University-Corpus Christi.

SECTION II. FACULTY & STAFF



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SECTION III. LEARNING OUTCOMES

The Master's in Kinesiology with an emphasis in Sport and Exercise Science prepares professionals in the multi-faceted disciplines of athletic performance. These include biomechanics, exercise physiology, leadership/management of sport, motor performance, nutrition, assessment of sport performance, sport psychology, and strength & conditioning. The program provides and supports higher-level knowledge, specialized proficiencies and the development of independent creativity. Thesis and non-thesis options are offered.

Texas A&M University-Corpus Christi's state-of-the-art Island Hall includes a biomechanics lab, motor development lab, exercise physiology lab, and athletic training center, providing excellent facilities and equipment for sport and exercise science research.

The Master's in Kinesiology is available as either an entirely online program or a hybrid face-to-face/online program. If you want to apply for an entirely online Kinesiology program, please select online Kinesiology in ApplyTexas. Please note, the online Kinesiology program will not issue F-1 visa.

Student Learning Outcomes

Students will:

- Demonstrate theoretical and practical knowledge in the field of sport science.
- Demonstrate knowledge and professional leadership skills in relation to the field of sport science.
- Produce transformational sport science and sport performance research by applying the principles of the scientific method and statistics to collect, analyze, and interpret sport science-related data.
- Apply the principles of sport physiology and motor development in creating appropriate strength and movement programs for people of all ages.
- Apply selected principles of psychology and sociology to improve human performance.

Program Admission Requirements

Application requirements

- Complete Application Admission:
- Apply for Admission via [Apply Texas Application](#)
 - An applicant may defer admission to an earlier/later semester. Applications are valid for one year. One deferral is allowed per application.
- Application fee:
- \$50 for US citizen, \$70 for International Students
 - Pay during application process
 - Pay fee online: [Pay Online](#)
 - Pay fee on campus to [Business Office](#)

Please Note: Applicants who wish to apply for a different program will be required to submit a new application. The application processing fee is required for each application submitted.

Application requirements specific to this program:

Requirements:

- Official transcripts from all undergraduate and graduate course work taken at any accredited college or University attended (Foreign College credits/transcripts require an official foreign evaluation.) TAMU-CC transcript is not required.
- Essay (Approximately 300-400 words in length which includes information about their reasons for pursuing graduate study and for choosing this specific graduate program)

*Please allow 3-5 business days to receive Student ID before submitting additional supporting documents.

Submit all supporting documents online.

Application requirements for international applicants:

Additional
International
Applicant
Requirements

- Copy of current Visa (if applicable)
- English Language Proficiency. TAMUCC currently accepts the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System (IELTS) within the last 2 years :
 - Official TOEFL score minimum paper-based score of 550 or internet-based score of 79-80
 - Official IELTS score minimum 6.5

Program Admission Deadlines

Domestic & International Students:

Fall I	Fall II	Spring I	Spring II	Summer I	Summer II
August 17	October 8	January 11	March 14	May 25	June 29

Admission Review Process/ Timeline

Complete application should be received for full admissions and funding consideration.

SECTION IV. ACADEMIC PROGRESSION

Program Degree Requirements

The requirements for the master's degree in Kinesiology with an emphasis in Sport Science are 36 semester credit hours, including 15 semester hours in Kinesiology core courses, 15-18 semester hours in required courses, and 3-6 semester hours in a capstone research experience.

Graduate Advisory Committee

Students will be advised by the Graduate Program Coordinator.

Degree Plan

1. Kinesiology Core Courses (15 hours)

- KINE 5307 – Research Design in Kinesiology (3 Hours)
- KINE 5308 – Leadership in Kinesiology (3 Hours)
- KINE 5311 – Statistics in Kinesiology (3 Hours)
- KINE 5312 – Sport Physiology (3 Hours)
- KINE 5327 – Sport Biomechanics (3 Hours)

2. Required Courses (15-18 semester hours)

- KINE 5306 – Sport Nutrition (3 Hours)
- KINE 5313 – Athletic Testing (3 Hours)
- KINE 5314 – Principles of Strength and Conditioning (3 Hours)
- KINE 5325 – Program Design for Resistance Training (3 Hours)
- KINE 5338 – Motor Development in Sport (3 Hours)
- KINE 5340 – Sport Psychology (3 Hours)
- KINE 5390 – Professional Seminar (3 Hours)
- KINE 5394 – Professional Field Experience (3 Hours)

3. Capstone Research Experience (3-6 hours)

Non-Thesis Option

- KINE 5397 – Graduate Research Project (3 Hours)
- Applied Elective (3 Hours)

Thesis Option

- KINE 5696 – Thesis in Progress (6 Hours)

SECTION V. COURSE OFFERING SEQUENCE

Course	Course Name	Fall I	Fall II	Spr. I	Spr. II	Sum. I	Sum. II
KINE 5306	Sport Nutrition			X			
KINE 5307	Research Design in Kinesiology			X			
KINE 5308	Leadership in Kinesiology					X	
KINE 5311	Statistics in Kinesiology	X					
KINE 5312	Sport Physiology				X		
KINE 5313	Athletic Testing				X		
KINE 5314	Principles of Strength and Conditioning	X					
KINE 5325	Program Design for Resistance Training						X
KINE 5327	Sport Biomechanics		X				
KINE 5338	Motor Development in Sport					X	
KINE 5340	Sport Psychology		X				
KINE 5394	Professional Field Experience	X	X	X	X	X	X
KINE 5397	Graduate Research Project	X	X	X	X	X	X
KINE 5698	Thesis in Progress	X	X	X	X	X	X

SECTION VI. PROGRAM SPECIFIC INFORMATION

Student Organizations: Kinesiology Club

Program/College Awards: The College of Graduate Studies sponsors the following awards for master's students: Outstanding Teaching Assistant, Outstanding Research Assistant, and Outstanding Master's Student.

Conferences to Attend: Students are encouraged, but not required to present/attend at the National Strength and Conditioning Association (NSCA) Conference, American College of Sports Medicine (ACSM) Conference, and Texas A&M University System (TAMUS) Research Symposium.

SECTION VII. REQUIREMENTS THAT EXCEED THE COLLEGE OF GRADUATE STUDIES REQUIREMENTS OR EXAMPLES, E.G., THESIS ABSTRACTS

Not applicable