Recent Publications/Presentations/Books:


Spaniol, F; Eidner, L; Ocker, L; Bonnette, R; Melrose, D; Saville, P (2013). Skill-related fitness of undergraduate kinesiology students. The Physical Educator. 70 (3).


Books


Chapters in an Edited Book


Oral Presentations - International


**Oral Presentations - National**


Spaniol, F. (2009, April). Youth Fitness Training Practical Workshop. Presented at the National Strength and Conditioning Association Bridging the Gap Symposium, California State University, Fullerton, CA.


