

Dr. Misty R. Kesterson

Texas A&M University-Corpus Christi
Education, Kinesiology and Military Science

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Education

EdD, Texas A&M University - Corpus Christi, 2008.

MS, Texas Tech University, 2001.

BS, Texas Tech University, 1989.

Licensures and Certifications

Bod Pod Training, Cosmed. (2012 - Present).

Certified Strength & Conditioning Specialist, National Strength & Conditioning Association. (2005 - 2014).

Lay Responder First Aid CPR/AED Instructor, American Red Cross. (2002 - 2012).

Professional Employment

Adjunct Instructor, Del Mar College. (2003 - 2007).

Taught courses:

Family Recreation (ECDC - non credit course)

KINE 1331 Physical Activity Ages Birth – 8 years

KINE 1306 First Aid & CPR

Family Recreation, KINE 1331 Physical Activity Ages Birth – 8 years, KINE 1306 First Aid & CPR

Wellness Coordinator, Lifestyle Centre - Covenant Health System. (January 1994 - May 2001).

Strategic planning, budgeting, overseeing the employee wellness program, coordinating fitness and aquatic activities, development and supervision of the fitness staff, and supervised facility and equipment maintenance and risk management activities, as well as, duties required for fitness.

Fitness Specialist, Lifestyle Centre - Covenant Health System. (January 1990 - August 1994).

Responsibilities included initial evaluations for new members, orienting new members to weight training and cardiovascular equipment, and teaching aquatic classes.

Professional Memberships

AMERICAN ALLIANCE FOR HEALTH, PHYSICAL EDUCATION, RECREATION, AND DANCE

American College of Sport Medicine

NATIONAL ASSOCIATION FOR STRENGTH AND CONDITIONING

Texas American College of Sport Medicine

Texas Association for Health, Physical Education, Recreation & Dance

TEACHING

Teaching Experience

KINE 1108, STRENGTH CONDITIONING FOR WOMEN
KINE 1132, FITNESS WALKING
KINE 2215, FIRST AID AND SAFETY
KINE 2225, SPORTS CONDITIONING
KINE 2313, FOUNDATIONS OF KINESIOLOGY
KINE 2314, SPORT MANAGEMENT
KINE 3330, PROMOTION OF SPORT
KINE 3338, MOTOR DEVELOPMENT/MOTOR LEARNING
KINE 3339, ELEMENTARY PHYS ED PROGRAMS
KINE 3366, MANAGING LEISURE SERVICES
KINE 4308, FACIL DSGN-PLAN IN RECREATION
KINE 4693, PROFESSIONAL FIELD EXPER I
KINE 4694, PROFESSIONAL FIELD EXPER II

SCHOLARLY AND CREATIVE ACTIVITIES

Presentations

Kesterson, M. R. (Presenter), "Kinetic Kids: Physical Activity for Those with Special Needs," 12013 Low Incidence Disabilities (LID) Conference of South Texas, Education Service Center, Region 2, Education Service Center. (August 15, 2013).

Ocker, L. B., Williams, M. L., Kesterson, M. R., Murray, A. M., Jallai, T., "Media Preferences of Spectators from Minor League Baseball in South Texas," Texas Association for Health, Physical Education, Recreation and Dance Conference, Texas Association for Health, Physical Education, Recreation and Dance, Galveston, TX. (December 2010).

Kesterson, M. R., Williams, M. L., Hilker, J. D., Huffman, D. H., Kouzekanani, K., "The Correlation of the Functional Movement Screen and Key Sport Performance Factors," Texas Association for Health, Physical Education, Recreation and Dance Conference, Texas Association for Health, Physical Education, Recreation and Dance, Galveston, TX. (December 2010).

Kesterson, M. R., "The Effects of Electronic Portfolios on the Professional Development and Quality of Portfolios of Kinesiology Students," Texas Association Physical Education, Recreation, and Dance Conference, Texas Association Physical Education, Recreation, and Dance, Corpus Christi, Texas. (2008).

Kesterson, M. R. (Co-Chair), Taylor, J. (Co-Chair), "Electronic Portfolios: A Product of Student and Faculty Success," Center for Educational Development, Evaluation, and Research Conference, Center for Educational Development, Evaluation, and Research, Texas A & M University, Corpus Christi, Texas. (2006).

Kesterson, M. R., "Multicultural Relationships," Designed and created for Family Outreach, Family Outreach, Corpus Christi, Texas. (2005).

Contracts, Grants and Sponsored Research

Kesterson, Misty Rayna, "Fitness Fun, Antonio E. Garcia Arts & Education Center," Sponsored by Coastal Bend Community Foundation, \$5,000.00.

SERVICE

Department

Committee Member, Sport Management Search Committee. (March 2013 - April 2014).
Committee Member, Search Committee - Sport Management. (March 2012 - May 2012).

College

Committee Member, Enrollment Management Committee. (August 2012 - December 2012).
Committee Member, Enrollment Management Committee. (August 2011 - November 2011).

University

Committee Member, Intercollegiate Athletics Council. (September 2013 - Present).

Professional

Committee Member, Special Olympics Area Management Committee. (April 2009 - Present).

Public

Chairperson, Legacy Run. (June 2009 - Present).